

SUN	MON	TUE	WED	THUR	FRI	SAT
5:00 Wii Bowling (RR) 1	8:00 Total Body Fitness (RR) 8:45 Aqua 402 (SP) 9:30 Weights, Bands & More (RR) 2 10:15 Total Body Fitness (RR) 1:00 Single-deck Pinochle (GR) 1:00 Safeway Shopping 2:00 Bass Orlando Chamber Music Demo (Theatre) 2:00 Line Dancing with Janece (RR) 3:00 Great Decisions (Theatre) 4:30 PiYo (RR) 5:00 Floor Yoga (RR)	8:45 Meditation Practice (RR) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Boost Your Brain (Theatre) 10:15 Chair Yoga Plus (RR) 11:15 Body Challenge (RR) 1:00 Texas Hold 'Em (GR) 1:00 Mah Jongg (Aspen Room) 2:00 Matinee "American Graffiti" (Theatre) 2:30 Trinity Lutheran Communion Service (HC) 4:00 Water Volleyball (SP) 7:00 Hand & Foot (Aspen Room)	Independence Day 9:00 Outdoor Excursion "The Spiritual Sanctuary" (Lead, SD) 3:00 Mix n' Mingle "Beer & Bingo" (RR) 4	8:45 Weights N' Water (SP) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Deadwood Trip (The Lodge) 10:15 Just Putting Around (Putting Green) 11:15 Power 10 (RR) 1:00 WHV Stitchers (Ponderosa Room) 1:00 Poker Invitational (GR) 2:00 Episcopal Church Communion (HC) 2:30 Syncro Basics (SP) 3:30 Swim Lessons (SP) 7:00 Wii Bowling (RR) 7:30 Table Tennis (GR)	8:00 Circuit (RR) 8:45 Aqua Dance (SP) 9:30 Gentle Moves (RR) 10:00 WHV Gavel Club (Aspen Room) 10:00 Line Dancing with Janece (RR) 1:00 Pinochle (single deck) (GR) 1:30 Bingo! (RR) 3:00 Friday Movie "Three Billboards Outside Ebbing, Missouri" (Theatre) 7:00 Friday Movie "Three Billboards Outside Ebbing, Missouri" (Theatre) 6	1:00 "Wizard" (Aspen Room) 6:30 Wii Bowling (RR) 7
2:00 Matinee "Old Fashioned" (Theatre) 5:00 Wii Bowling (RR) 8	8:00 Total Body Fitness (RR) 8:45 Aqua 402 (SP) 9:30 Weights, Bands & More (RR) 9 10:15 Total Body Fitness (RR) 1:00 Walmart Shopping (Walmart) 1:00 Single-deck Pinochle (GR) 1:15 Gentle Hand Massage at the Courtyard (Westhills Assisted Living) 1:30 Interdenominational Bible Study (Aspen) 2:00 Line Dancing with Janece (RR) 4:30 PiYo (RR) 5:00 Floor Yoga (RR)	8:45 Meditation Practice (RR) 9:00 Greeting Card Recycling (Ponderosa Room) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Boost Your Brain (Theatre) 10:15 Chair Yoga Plus (RR) 11:15 Body Challenge (RR) 1:00 Texas Hold 'Em (GR) 1:00 Mah Jongg (Aspen Room) 2:00 Mini-Concert "Bass Orlando Chamber Music" (Theatre) 4:00 Water Volleyball (SP) 7:00 Hand & Foot (Aspen Room)	8:00 Total Body Fitness (RR) 8:45 Cardio Core Fusion (SP) 9:30 Weights, Bands & More (RR) 9:30 Resident Council Meeting (Aspen Room) 10:15 Total Body Fitness (RR) 10:45 Out-to-Lunch "Legion Lake Lodge" (Custer State Park) 11:15 Strider Bike Club (Rimrock Room/ Grounds) 1:00 Play 500 (GR) 1:00 Painter's Group (Ponderosa Room) 1:15 Catholic Study Group (Aspen) 2:30 Catholic Communion Service (Aspen Room) 7:00 Bridge (Aspen Room)	8:45 Weights N' Water (SP) 9:00 Mt. Plains Audiology Clinic (WHV Clinic-CDE Wing 3rd Level) 9:15 Unused/Outdated Prescription Pill Pickup (Upper Commons) 9:15 Lion's Club Unwanted Eyeglasses & Hearing Aid Pickup (Upper Commons) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:15 Just Putting Around (Putting Green) 10:15 Wellness Committee Meeting (FC) 11:15 Power 10 (RR) 1:00 WHV Stitchers (Ponderosa Room) 1:00 Poker Invitational (GR) 1:30 Visit at the Courtyard (Assisted Living Complex) 2:30 Syncro Basics (SP) 3:30 Swim Lessons (SP) 7:00 Wii Bowling (RR) 7:30 Table Tennis (GR)	8:00 Circuit (RR) 8:45 Aqua Dance (SP) 9:30 Gentle Moves (RR) 10:00 WHV Gavel Club (Aspen Room) 10:00 Line Dancing with Janece (RR) 1:00 Pinochle (single deck) (GR) 1:30 Bingo! (RR) 3:00 Friday Movie "Home Again" (Theatre) 4:00 Presbyterian Women's Bible Study (Aspen Room) 7:00 Friday Movie "Home Again" (Theatre) 13	9:00 Custer State Park Hiking Challenge (Black Hills) 1:00 Parkinson's Support Group (RR) 1:00 "Wizard" (Aspen Room) 6:30 Wii Bowling (RR) 14
5:00 Wii Bowling (RR) 15	8:00 Total Body Fitness (RR) 8:45 Aqua 402 (SP) 9:30 Weights, Bands & More (RR) 16 10:15 Total Body Fitness (RR) 1:00 Single-deck Pinochle (GR) 1:00 Safeway Shopping 2:00 Line Dancing with Janece (RR) 3:00 Activity Committee Meeting (Aspen Room) 4:30 PiYo (RR) 5:00 Floor Yoga (RR)	8:45 Meditation Practice (RR) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Boost Your Brain (Theatre) 10:15 Chair Yoga Plus (RR) 11:15 Body Challenge (RR) 1:00 Texas Hold 'Em (GR) 1:00 Mah Jongg (Aspen Room) 2:00 Matinee "Mr. Blanding's Builds His Dream House" (Theatre) 3:30 Catholic Mass (HC) 4:00 Water Volleyball (SP) 7:00 Hand & Foot (Aspen Room)	8:00 Total Body Fitness (RR) 8:45 Cardio Core Fusion (SP) 9:30 Weights, Bands & More (RR) 10:15 Total Body Fitness (RR) 11:15 Strider Bike Club (Rimrock Room/ Grounds) 12:45 BH Playhouse "Oklahoma" (Custer State Park) 1:00 Play 500 (GR) 1:00 Painter's Group (Ponderosa Room) 1:15 Catholic Study Group (Aspen) 2:30 Catholic Communion Service (Aspen Room) 7:00 Bridge (Aspen Room)	7:30 Breakfast on the Patio (Patio & Lower Commons) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:15 Just Putting Around (Putting Green) 11:15 Power 10 (RR) 1:00 WHV Stitchers (Ponderosa Room) 1:00 Poker Invitational (GR) 2:30 Syncro Basics (SP) 2:30 July Birthday/Anniversary Party (RR) 3:30 Swim Lessons (SP) 7:00 Wii Bowling (RR) 7:30 Table Tennis (GR)	8:00 Circuit (RR) 8:45 Aqua Dance (SP) 9:30 Gentle Moves (RR) 10:00 WHV Gavel Club (Aspen Room) 10:00 Line Dancing with Janece (RR) 1:00 Pinochle (single deck) (GR) 1:30 Bingo! (RR) 3:00 Friday Movie "Murder on the Orient Express" (Theatre) 7:00 Friday Movie "Murder on the Orient Express" (Theatre) 20	9:00 Custer State Park Hiking Challenge (Black Hills) 1:00 "Wizard" (Aspen Room) 2:30 Mini-Concert "The Wanabees" (The Courtyard) 6:30 Wii Bowling (RR) 21
Parents' Day 2:00 Matinee "The Trial" (Theatre) 5:00 Wii Bowling (RR) 22	8:00 Total Body Fitness (RR) 8:45 Aqua 402 (SP) 9:30 Weights, Bands & More (RR) 23 10:15 Total Body Fitness (RR) 1:00 Walmart Shopping (Walmart) 1:00 Single-deck Pinochle (GR) 1:30 Interdenominational Bible Study (Aspen) 2:00 Line Dancing with Janece (RR) 2:30 Great Courses "Folklore & Wonder Tales" (Theatre) 4:30 PiYo (RR) 5:00 Floor Yoga (RR)	8:30 Coffee with New Residents (Upper Commons) 8:45 Meditation Practice (RR) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Boost Your Brain (Theatre) 10:15 Chair Yoga Plus (RR) 11:15 Body Challenge (RR) 1:00 Texas Hold 'Em (GR) 1:00 First United Methodist Church Devotion (Aspen Room) 2:00 Informational Program "In the Moment at WHV" (Theatre) 2:00 Mah Jongg (Aspen Room) 4:00 Water Volleyball (SP) 7:00 Hand & Foot (Aspen Room)	8:00 Total Body Fitness (RR) 8:45 Cardio Core Fusion (SP) 9:30 Weights, Bands & More (RR) 10:15 Total Body Fitness (RR) 11:15 Strider Bike Club (Rimrock Room/ Grounds) 1:00 Play 500 (GR) 1:00 Painter's Group (Ponderosa Room) 1:15 Catholic Study Group (Aspen) 2:30 Catholic Communion Service (Aspen Room) 3:00 Informational Program "Surprising Friendship" (Theatre) 7:00 Bridge (Aspen Room)	8:45 Weights N' Water (SP) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:15 Putting Tourney (Putting Green) 11:15 Power 10 (RR) 1:00 WHV Stitchers (Ponderosa Room) 1:00 Poker Invitational (GR) 2:00 Concert "Ted Jordan as Red Skelton" (The Courtyard) 2:30 Syncro Basics (SP) 3:30 Swim Lessons (SP) 7:00 Wii Bowling (RR) 7:30 Table Tennis (GR)	8:00 Circuit (RR) 8:45 Aqua Dance (SP) 9:30 Gentle Moves (RR) 10:00 WHV Gavel Club (Aspen Room) 10:00 Line Dancing with Janece (RR) 1:00 Pinochle (single deck) (GR) 1:30 Bingo! (RR) 3:00 Friday Movie "A Little Chaos" (Theatre) 7:00 Friday Movie "A Little Chaos" (Theatre) 27	1:00 "Wizard" (Aspen Room) 6:30 Wii Bowling (RR) 28
5:00 Wii Bowling (RR) 29	8:00 Total Body Fitness (RR) 8:45 Aqua 402 (SP) 9:30 Weights, Bands & More (RR) 30 10:15 Total Body Fitness (RR) 1:00 Single-deck Pinochle (GR) 2:00 Line Dancing with Janece (RR) 3:00 WHV Book Club (Aspen Room) 4:30 PiYo (RR) 5:00 Floor Yoga (RR)	8:45 Meditation Practice (RR) 9:30 *Water Walking (SP) 9:30 Balance & Agility (RR) 10:00 Boost Your Brain (Theatre) 10:15 Chair Yoga Plus (RR) 11:15 Body Challenge (RR) 1:00 Texas Hold 'Em (GR) 1:00 Mah Jongg (Aspen Room) 4:00 Water Volleyball (SP) 7:00 Hand & Foot (Aspen Room)	ROOM KEY Aspen - Aspen FC - Fitness Center GR - Game Room HC - Health Care Activities Room	RR - Rimrock Room SP - Swimming Pool		

July 2018

Westhills Village Apartment & Villa Activities



Monday, July 2, 2:00 p.m.- Theatre

Bass Orlando Chamber Music Demo- Several of the members of this musical enterprise are here to introduce their upcoming season. Everyone is welcome.

Monday, July 2, 3:00 p.m.- Theatre

Great Decisions “U.S. Global Engagement & the Military”- The six installment of an exciting current events program. Everyone is welcome.

Tuesday, July 3, 10, 17, 24, 31, 10:00 a.m.- Theatre

Boost Your Brain- For 8 weeks, we explore ways of improving your brain fitness. This is a one hour class. Everyone is welcome.

Tuesday, July 3, 2:00 p.m.- Theatre

Matinee “American Graffiti”- This classic movie features a star studded cast and celebrates Americana at its best. Everyone is welcome.

Wednesday, July 4, 9:00 p.m. – Lead, SD

Outdoor Excursion “The Spiritual Sanctuary”- Let’s start Independence Day, with a beautiful walk followed by a picnic lunch. Please, sign up on the Events Bulletin Board. Cost for transportation & lunch- \$12.00. Anticipate 5.5 hours

Wednesday, July 4, 3:00 p.m. – Rimrock Room

Mix n’ Mingle “Beer & Bingo”- Come down have some beer and play some Bingo. Everyone is invited.

Thursday, July 5, 10:00 a.m. - Deadwood

The Lodge at Deadwood Trip is offering free shuttle transportation, \$5 in play, entry into the slot tournament, and a truffle for the ride home. Sign up today on the Events Bulletin Board.

Friday, July 6, 3:00 & 7:00 p.m.- Theatre

Friday Movie “Three Billboards Outside Ebbing, Missouri”- Starring Oscar winner Frances McDormand, this movie explores the traumatic events for a mother following her daughter’s murder. Rated R- Language & Adult Content. Everyone is welcome.

Sunday, July 8, 2:00 p.m.- Theatre

Matinee “Old Fashioned”- This faith based movie explores old fashioned courtship in the modern world. Everyone is welcome.

Monday, July 9, 1:15 p.m.- The Courtyard

Gentle Hand Massage at the Courtyard- Please, sign up on the Events Bulletin Board to volunteer giving a gentle hand massage. Everyone is welcome.

Tuesday, July 10, 2:00 p.m.- Theatre

Mini-Concert “Bass Orlando Chamber Music”- If you like chamber music, this is the concert for you. It features a classical guitar. Everyone is welcome.

Thursday, July 11, 10:45 a.m.- Custer State Park

Out-to-Lunch “Legion Lake Lodge” – Please, sign up on the Events Bulletin Board for transportation. A minimum of 8 required for transportation. Transportation Cost- \$5.00.

Thursday, July 12, 9:15 a.m.- Upper Commons

Unused/Outdated Prescription Pill Pickup & Lion’s Club Unwanted Eyeglasses & Hearing Aid Pickup- Thank you to Jan Rathbun & Ralph Galyen who volunteer their time for such good causes. Everyone is welcome.

Thursday, July 12, 1:30 p.m.- Westhills Assisted Living

Visit at The Courtyard- Let’s head on over and visit our neighbors right next door. Please, sign up on the Events Bulletin Board. Everyone is welcome.

Friday, July 13, 3:00 & 7:00 p.m.- Theatre

Friday Movie “Home Again”- Starring Reece Witherspoon, this romantic comedy focuses on a single mother who opens her home to boarders. Everyone is welcome.

Tuesday, July 17, 2:00 p.m.- Theatre

Matinee “Mr. Blanding’s Builds His Dream House”- This classic comedy stars Cary Grant. Everyone is welcome.

Wednesday, July 18, 12:45 p.m.- Custer State Park

Black Hills Playhouse “Oklahoma”- Please, have tickets purchased and reservations made prior to signing up on the Events Bulletin Board. A minimum of 8 required for transportation. Cost- \$5.00.

Thursday, July 19, 7:30 a.m.- Patio/Lower Commons

Breakfast on the Patio- Join us for a delicious repast bright and early on a beautiful summer morn. Everyone is invited.

Thursday, July 19, 2:30 p.m.- Rimrock Room

The July Birthday and Anniversary Party- Entertainment- Vern Juran. Everyone’s invited to come and enjoy refreshments and entertainment.

Friday, July 20, 3:00 & 7:00 p.m.- Theatre

Friday Movie “Murder on the Orient Express”- This remake of the classic movie features a star studded cast and beautiful cinematography. Everyone is invited.

Saturday, July 21, 2:30 p.m. – Courtyard

Mini-Concert “The Wannabees”- Featuring Bob Bush’s son, this band is fun and entertaining. It is a short walk over to the Courtyard. Everyone is invited.

Sunday, July 22, 2:00 p.m.- Theatre

Matinee “The Trial”- Starring Mathew Modine, this movie tells the story of small town lawyer who is challenged by the trial of his career. Everyone is welcome.

Monday, July 23, 2:30 p.m.- Theatre

Great Courses “Folklore and Wonder Tales”- Speaker, Dr. Hannah B. Harvey, takes us on a journey around the world exploring the history of fairy tales and how to tell a good yarn. Everyone is welcome.

Tuesday, July 24, 8:30 a.m.- Upper Commons

Coffee with New Residents- There have been a lot of changes lately. Let’s welcome all the new residents. Everyone is invited.

Tuesday, July 24, 2:00 p.m.- Theatre

Informational Program “In the Moment at WHV”- Brought to us by SDPB and featuring speaker, Lori Walsh, this program explores people’s absolute favorite books. Everyone is welcome.

Wednesday, July 25, 3:00 p.m.- Theatre

Informational Program “Surprising Friendship”- Brought to us by the SD Humanities Council, this program explores the friendship between Annie Oakley & Sitting Bull. Everyone is welcome.

Thursday, July 26, 2:00 p.m. – The Courtyard

Concert “Ted Jordan as Red Skelton”- Take a short walk over to the Courtyard to hear this versatile entertainer. He sings, plays instruments, and does interpretations. Everyone is welcome.

Friday, July 27, 3:00 & 7:00 p.m.- Theatre

Friday Movie “A Little Chaos”- Starring Kate Winslet, this period movie is set in the 17th century and focuses on a female landscape artist who is thrust into court intrigue. Everyone is welcome.

Monday, July 30, 3:00 p.m.- Aspen Room

WHV Book Club – This month’s book selection is ‘The Curious Charms of Arthur Pepper’ by Phaedra Patrick and is available for check out in Nedra’s office. Book lovers are always welcome.