

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 Sit & Be Fit (MPR) 1 9:30 Headlines & Happenings (MPR) 3:30 Nustep Machine Exercising (Wellness Area) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	9:00 Sit & Be Fit (MPR) 2 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 2:00 Short Stories with Streeter Shining (MPR) 3:00 Balance and Agility (MPR)	8:30 Beautician (Salon) 3 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 2:00 Entertainment with Stringbean and Sally (MPR) 3:30 Keeping Minds Alert (MPR) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	8:30 Beautician (Salon) 4 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 1:30 Skip Bo (MPR) 2:30 Nustep Machine Exercising (Wellness Area) 3:00 Catholic Mass (Private Dining Room) 3:30 Bowling (MPR)	1:30 Outdoor Excursion "Fall Colors" (The Courtyard) 5 3:00 Agility Training (MPR) 3:45 Gentlemen's Happy Hour (MPR) 6:00 Movie Night (MPR)	<i>Eileen Rogers</i> 6 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:00 Bingo (MPR) 7:00 Hour of Power (Veterans Sun Room)
8:00 David Jeremiah Church Service (Veterans Sun Room) 7 9:30 Catholic Communion (MPR) 1:00 Rosary (MPR) 2:00 Classic Movie Matinee (MPR)	9:00 Sit & Be Fit (MPR) 8 9:30 Headlines & Happenings (MPR) 2:00 Murphy the Therapy Dog 3:30 Nustep Machine Exercising (Wellness Area) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	9:00 Sit & Be Fit (MPR) 9 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 1:00 The Gathering (Private Dining Room) 2:00 Adult Coloring (MPR) 3:00 Balance and Agility (MPR)	8:30 Beautician (Salon) 10 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 9:45 Trinity Lutheran Church (Private Dining Room) 2:00 Bingo (MPR) 3:30 Keeping Minds Alert (MPR) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	8:30 Beautician (Salon) 11 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 1:30 Westhills Village Visit (Side 2) 2:30 Nustep Machine Exercising (Wellness Area) 3:00 Catholic Mass (Private Dining Room) 3:30 Scrabble (side2)	10:00 Friday Brain Challenge (MPR) 12 2:00 Past Times Discussions (MPR) 3:00 Agility Training (MPR) 3:45 Ladies' Happy Hour (MPR) 6:00 Movie Night (MPR)	9:00 Sit & Be Fit (MPR) 13 9:30 Headlines & Happenings (MPR) 10:00 Bingo (MPR) 7:00 Hour of Power (Veterans Sun Room)
8:00 David Jeremiah Church Service (Veterans Sun Room) 14 9:30 Catholic Communion (MPR) 1:00 Rosary (MPR) 2:00 Classic Movie Matinee (MPR) 4:00 Music with Strings (MPR)	<i>Kay Trucano</i> 15 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 3:30 Nustep Machine Exercising (Wellness Area) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	<i>Boss's Day</i> 16 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Mind Games (MPR) 2:00 Short Stories with Streeter Shining (MPR) 3:00 Balance and Agility (MPR)	8:30 Beautician (Salon) 17 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 2:00 Bingo (MPR) 3:30 Keeping Minds Alert (MPR) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	8:30 Beautician (Salon) 18 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 1:30 Skip Bo (MPR) 2:30 September Birthday Party with the Brad Johnson (MPR) 2:30 Nustep Machine Exercising (Wellness Area) 3:00 Catholic Mass (Private Dining Room) 3:30 Basketball Hoop Shooting (MPR)	10:00 Halloween Pumpkin Decorating (MPR) 19 3:00 Agility Training (MPR) 3:45 Gentlemen's Happy Hour (MPR) 6:00 Movie Night (MPR)	9:00 Sit & Be Fit (MPR) 20 9:30 Headlines & Happenings (MPR) 10:00 Bingo (MPR) 7:00 Hour of Power (Veterans Sun Room)
8:00 David Jeremiah Church Service (Veterans Sun Room) 21 9:30 Catholic Communion (MPR) 1:00 Rosary (MPR) 2:00 Entertainment with Karen Psiaki (MPR)	9:00 Sit & Be Fit (MPR) 22 9:30 Headlines & Happenings (MPR) 1:30 Gentle Hands Massage (MPR) 3:30 Nustep Machine Exercising (Wellness Area) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	<i>Pauline Casey</i> 23 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Adult Coloring (MPR) 2:30 Cookin' with Mr. Goodlookin' (DR)	8:30 Beautician (Salon) 24 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 3:30 Keeping Minds Alert (MPR) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	8:30 Beautician (Salon) 25 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 10:15 Goin' Strollin' (Outside Walking Trail/Courtyard) 1:00 Zion Lutheran School Kindergarten Visit (Zion Lutheran Church) 2:30 Nustep Machine Exercising (Wellness Area) 3:00 Catholic Mass (Private Dining Room) 3:30 Ladder Ball (Wellness Area)	10:00 Friday Brain Challenge (MPR) 26 2:00 Bean Auction (MPR) 3:00 Agility Training (MPR) 3:45 Ladies' Happy Hour (MPR) 6:00 Movie Night (MPR)	9:00 Sit & Be Fit (MPR) 27 9:30 Headlines & Happenings (MPR) 10:00 Bingo (MPR) 7:00 Hour of Power (Veterans Sun Room)
8:00 David Jeremiah Church Service (Veterans Sun Room) 28 9:30 Catholic Communion (MPR) 1:00 Rosary (MPR) 2:00 Classic Movie Matinee (MPR)	9:00 Sit & Be Fit (MPR) 29 9:30 Headlines & Happenings (MPR) 3:30 Nustep Machine Exercising (Wellness Area) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)	9:00 Sit & Be Fit (MPR) 30 9:30 Headlines & Happenings (MPR) 10:15 Mind Games (MPR) 2:00 Halloween Social (MPR) 3:30 Balance and Agility (MPR)	<i>Halloween</i> 31 8:30 Beautician (Salon) 9:00 Sit & Be Fit (MPR) 9:30 Headlines & Happenings (MPR) 2:00 Bingo (MPR) 3:30 Keeping Minds Alert (MPR) 4:00 Goin' Strollin' (Outside Walking Trail/Courtyard)			

October 2018

The Courtyard's Calendar of Events